

Victoria G. Wilburn DHSc, OTR, CLT
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Community engaged scholar practitioner utilizing skill sets in community based participatory research, narrative medicine, and mental health and wellness for persons across the lifespan with emphasis on adolescents.

Education:

Bachelor of Science, Occupational Therapy, Boston University, Boston, MA 2005

Master of Health Science, University of Indianapolis, Indianapolis, IN August 2012

Doctor of Health Science, University of Indianapolis, Indianapolis IN December 2014

Employment

Indiana University, Indianapolis, IN
School of Health and Human Sciences
Department of Occupational Therapy
Assistant Professor-Tenure Track

{July 2018-Present}

- \$50,000 Research Start-Up Investment
- Instructor of Record for the following courses
 1. Psychosocial Dimensions
 2. Trends and Issues
 3. Advanced Elective: Community Based Practice and Planning

Indiana University, Indianapolis, IN
School of Health and Rehabilitation Sciences
Department of Occupational Therapy
Visiting Faculty

{August 2017-May 2018}

- Visiting faculty line teaching in areas of expertise

Wilburn Consulting, Indianapolis, IN
Direct Consultant

{August 2012-Present}

- Small business consultant
- Executive coaching
- Organizational Educator
- Expert Occupational Therapist Legal Consultant

Lifespan Therapy, Carmel, IN
PRN Certified Lymphedema Therapist/Float OT

{January 2017-January 2019}

- Assess and evaluate patients with lymphedema and associated edema
- As needed OT for long term care, assisted living, and return to home patients

Art of Healing, Inc. Indianapolis, IN
Co-Founder

{December 2016-December 2018}

- Community based mental health services for those in recovery
- Community partnerships and development
- Grant sponsored initiatives

The University of Indianapolis, Indianapolis, IN
Assistant Professor/Academic Fieldwork Coordinator
{August 2014-December 2016}

- Academic Fieldwork Coordinator for Master of Occupational Therapy Cohort
- Marketing for University of Indianapolis School of Occupational Therapy throughout the state, nationally, and internationally
- Liaison between clinical educators and academic programs
- Recruitment of clinical sites for externship experience
- Streamlined many processes to include web based integrations
- Curriculum development and revision for the accreditation process with the newly developed OTD program
- Assistant Professor teaching the following courses:
 1. Management and Leadership I & II
 2. Public Policy
 3. Issues in Practice I & II
 4. Level I Fieldwork Experience A, B, C, D
 5. Research Application I, II, III, IV, V

The University of Indianapolis, Indianapolis, IN
Adjunct Faculty
{January 2013-August 2014}

- Adjunct faculty for the entry level of Master of Occupational Therapy program in School of Occupational Therapy, College of Health Science
- Carried full load Fall semester 2013

Licenses/Certifications:

Certificate in Healthcare Change Leadership, Cornell University, Ithaca, NY February 2019

Indiana Health Professions Bureau, Occupational Therapist License January 2005-Current

National Board for Certification in Occupational Therapy, Registered Occupational Therapist January 2005-Current

Norton School of Lymphedema, Certified Lymphedema Therapist July 2006

Publications:

- **Wilburn, V.G.**, DeCleene-Huber, K.E., Gahimer, J., Beitman, C., & Moore, E.S. (2014). Perceptions of academic fieldwork coordinators regarding the value of fieldwork in emerging areas of practice. *Open Journal of Occupational Therapy*. doi: 10.15453/2168-6408.1185
- **Wilburn, V.G.**, Wasmuth, S., Fehr, C.M., Brokamp, K.M., Shupe, M.E., Hursey, B.M.,... Nelson, J.M. (2018). The implications of desk arrangement on social interaction in a third grade classroom. *Journal of Occupational Therapy, Schools, and Early Intervention* doi: 10.1080/19411243.2018.1474833
- **Wilburn, V.G.**, Douglas, C.M., Chase, A., Van Antwerp, L., & Stoll, H.B. (2019). Understanding early childhood educator practices. *Journal of Occupational Therapy, Schools, and Early Intervention* <https://doi.org/10.1080/19411243.2019.1672605>
- **Submitted October 2019 Wilburn, V.G.**, Stoll, H. B, Douglas, C.M. & Fodstad, J.C (2019) Utilizing student consultation to promote incorporation of occupational therapy in a pediatric behavioral health unit. *Journal of Occupational Therapy Education*

Awarded Grants:

- **Principal Investigator** *Exploring occupational therapy programming with adolescents in a recovery high school*, Indiana Clinical and Translational Science Institute Firestarter Award, October 2018 **\$5,000**
- **Co-Principal Investigator** *Improving equitable care with narrative medicine and a novel community based occupational therapy care model*, Indiana Clinical and Translational Science Institute Trailblazer Award, October 2018 **\$18,906**
- **Principal Investigator** *Strategies to Occupations in Recovering Youth*, Overdose Lifeline 2019 **\$7,000**
- **Co-Principal Investigator** *Supporting Adolescents in Addiction Recovery-Adolescent Prevention*, Mental Health America Indiana January 2019 **\$3,000**

- **Principal Investigator** Life Skills: The Power of Doing Indiana Clinical and Translational Science Institute Trailblazer Award, October 2019 \$23,100

Grants Submitted (Unfunded)

- **Principal Investigator** *Decreasing Stigma and Increasing Access: Assessing the Effectiveness of Occupational Therapy in Community Based Mental Health* Indiana University Grand Challenge, June 2018 **\$394,428**

Awards:

- **\$10,000** Support for Talent Attraction, Retention, and Transition (START) Office of Academic Affairs 2018, IUPUI
- Occupational Therapist of the Year 2018, Indiana Occupational Therapy Association
- **\$1,000** Indiana Arts and Humanities Institute Small Event Grant Spirit and Place Festival 2018-Community Engaged Event: "Pain & Purpose: The Intersection of Parenting and Addiction" Indiana Addiction Issues Coalition, The 24 Group, Fairbanks Hospital
- **\$500** Dissemination Award for Project/Program Implementation Center for Service and Learning Indiana University, 2018
- **\$10,000** Enhanced Mentoring Program with Opportunities for Ways to Excel in Research (EMPOWER) Office of the Vice Chancellor for Research Indiana University, 2019
- **\$525** Robert Wood Johnson Foundation New Connections Capstone Symposium Awardee Cohort Twelve, 2019

Invited Speaking Engagements:

- **American Occupational Therapy Foundation/ Kappa Delta Phi Sorority National Convention** Bloomington, IN 2015
Keynote Speaker "Occupational Journeys: Wisdom from the Classroom"
- **Indiana Occupational Therapy Association-Northeast District** Ft. Wayne, IN November 2017
Speaker "Legislative Update on Mental Health"
- **ABC Affiliate-RTV6** Indianapolis, IN November 2017
Media Interview "Indianapolis play showcases true account of recovering addicts"
- **Student Occupational Therapy Associations, University of Indianapolis, Indiana State University** November 2017
Speaker "Occupational Therapy's Role in Mental Health"
- **Be the Bridge Community Group**, Indianapolis, IN September 2018
Speaker "The Culture of Occupation-Personal Narrative Reflections"
Book and Media Feature, Indianapolis, IN March 2019
A Why to Live For: Where Your Destiny Meets the Broken Places of the World
Rodriguez, D. New Type Publishing. "A Profession founded through Pain"
- **Media Inquiry-WFYI**, Indianapolis, IN March 2019
Panel Speaker "Occupational Therapy in community based behavioral health"
- **Indiana General Assembly** Senate Bill 162 Indianapolis, IN February 2019
Invited Expert Testimony "Chronic Pain Management"
- **American Occupational Therapy Association National Conference State Policy Symposium** New Orleans, LA April 2019
Invited Panel Speaker "OT as a solution for chronic pain, in lieu of opioids"
- **Media Inquiry-Fairbanks Recovery Talks Podcast**, Indianapolis, IN April 2019
Invited Speaker "Occupational Therapy in community based behavioral health"
- **Summit Performance Indianapolis, Community Conversation One-Acts** Indianapolis, IN May 2019
Invited Panel Speaker "'Same Blood: Stories of Inequity from 10 Black Women Living in Central Indiana" and "Speaking for Myself: A Journey to Self Advocacy through Post-Partum Depression"
- **Ohio Occupational Therapy Association** Cincinnati, OH June 2019
Keynote Speaker: "Community Engaged

Presentations at Professional Meetings:

- Wilburn, V.G. & Stoll, H. (2019, September) Applying the Theory of Ambiguous Loss in Parents of Children in Substance Use Recovery: A Focus on Co-Occupation. Session Presenter at the **American Occupational Therapy Association Mental Health and Opioids Specialty Conference**, Chicago, IL.
- Wasmuth S. & Wilburn, V.G. (2019, April). Community Engaged Occupational Therapy for Substance Use Disorders. Breakout Session Presenter at the **Opioid Data to Action: Combatting Addiction through Innovation Indiana University School of Social Work** Indianapolis, IN.
- Wilburn, V.G. (2019, April). Strategic Planning Mini-Session. Presenter at the **Affiliated State Association of Presidents of the American Occupational Therapy Association Annual Conference**, New Orleans, LA
- Wilburn, V.G., Pape, S., & Carpenter, D. (2019, April). Addiction in Adolescents: A Case for Occupational Therapy Intervention. Poster Presentation at the **American Occupational Therapy Association Annual Conference**, New Orleans, LA
- Foor, A.,* Firachau, C.,* & Wilburn, V.G. (2018, November). Group interventions for adolescent mental health: Occupational Therapy in an inpatient behavioral health unit. Poster Presentation at the **Indiana Occupational Therapy Association Fall Conference**, Indianapolis, IN.
- Hayden, C.,* Wright, C.,* & Wilburn, V.G. (2018, November). Community based practice integration: Occupational Therapy assessments and measures in an inpatient pediatric behavioral health unit. Poster Presentation at the **Indiana Occupational Therapy Association Fall Conference**, Indianapolis, IN.
- Schwind, P.M.,* Cleveland, E.,* & Wilburn, V.G. (2018, November). The role of occupational therapy in behavioral and mental health inpatient setting. Poster Presentation at the **Indiana Occupational Therapy Association Fall Conference**, Indianapolis, IN.
- Thompson, H.,* Burkhart, K.,* & Wilburn, V.G. (2018, November). Implementing occupational therapy led group interventions In an inpatient pediatric mental health setting for ages 8-12. Poster Presentation at the **Indiana Occupational Therapy Association Fall Conference**, Indianapolis, IN.
- Wilburn, V. & Doulas, C. (2018, November). Student Spotlight: Leadership Matters. Session Presentation at the **Indiana Occupational Therapy Association Fall Conference**, Indianapolis, IN.
- **Indiana Public Health Conference** Indianapolis, IN 2018 *Individual Session Presenter* “Purposeful Recovery: Utilizing Narrative Medicine in a Recovery-Based High School”
- **American Occupational Therapy Association National Conference** Salt Lake City, UT 2018
Poster Presenter “Increasing Our Tools: Utilizing a Narrative Medicine Approach in Community Based Mental Health Settings”
- **Indiana Occupational Therapy Association Spring Conference** Indianapolis, IN 2018
Joint Session Presenter Creating Occupation-Based Programming: Assessing Needs in Mental Health Practice
- **Indiana Occupational Therapy Association Fall Conference** Indianapolis, IN 2017
Joint Session Presenter “An Introduction to Narrative Medicine: Occupational Therapy Approaches in Community Based Mental Health Settings”
- **American Occupational Therapy Association Specialty Conference-Mental Health** Indianapolis, IN 2017
Joint Poster Presenter “Community Based Mental Health: A Collaborative Approach to Care”

- **American Occupational Therapy Association National Conference** Philadelphia, PA 2017
Short Course Session Individual Presenter “An Interprofessional Collaborative: Implementing Occupational Therapy Services for those Experiencing Homelessness”
- **American Occupational Therapy Association National Conference** Chicago, IL 2016
Joint Poster Presenter “From Classroom to Clinic: A Model for Interprofessional Clinical Education”
- **University of Indianapolis Cross Pollination Conference** Indianapolis, IN 2016
Session Co-Presenter “So you think you want to be a healthcare professional? A summer interdisciplinary health careers camp”
- **Indiana Occupational Therapy Association Fall Conference** Indianapolis, IN 2015
Session Co-Presenter “Interprofessional Education from Classroom to Clinic”
- **American Occupational Therapy Association National Conference** Nashville, TN 2015
Joint Poster Session Presenter “Effects on Classroom Design on Social Interaction Among Third Grade Students”
Joint Poster Session Presenter “Community-Based Fieldwork: A Collaboration between Occupational Therapy Students and a Foster Care Alternative Organization”
- **Indiana Occupational Therapy Association Spring Conference** Indianapolis, IN 2014
Joint Poster Session Presenter “Community-Based Fieldwork: A Collaboration between Occupational Therapy Students and a Foster Care Alternative Organization”

Professional Affiliations:

- American Occupational Therapy Association, Affiliated State Association Presidents, Chair July 2018-Present
- American Public Health Association, Member November 2019-Present
- American Occupational Therapy Association, Invited Task for Licensure Compact September 2019-Present
- American Occupational Therapy Association, Member October 2002-Present
- National Board for Certification in Occupational Therapy January 2005-Present
- Reach For Youth, Inc. Board of Directors, November 2019-Present
- Marion County Drug Prevention Alliance, Board Member November 2017-Present
- Community Health and Education Partnerships, Board M At-Large Member August 2017-Present
- Indiana Occupational Therapy Association, Member June 2012-Present
- Indiana Occupational Therapy Association, President September 2015-July 2018

Academic Committees:

University Level Committee: Dean Appointment, Task Force on Problematic Substance Use September 2018-Present

School Level Committee: Mission and Vision Ad Hoc Committee August 2018-November 2018

Department Level Committee: Public Relations Committee July 2018-August 2018

Chair, Matriculation and Commencement August 2019-Present

Co-Chair, Student Representatives Council August 2019-Present

Professional Conferences:

- Indiana Occupational Therapy Association Fall Conference Fall 2015, 2016, 2017, 2018-Workshop Presenter
- Boston University Health Matters Conference September 2015 Attendee
- University of Wisconsin-Madison Distance Teaching and Learning Conference August 2015 Attendee
- Colorado State University Center for Occupational Therapy Education Teaching and Learning Institute July 2015 Attendee

- Global Leadership Summit-Willow Creek Association 2010, 2012, 2013, 2014, 2015 Attendee
- Indiana Minority Health Coalition Conference May 2015 Attendee
- Collaborative Supervision for Occupational Therapy Fieldwork Students Workshop May 2015 Attendee
- Fieldwork Educator's Certificate Program Workshop May 2015 Attendee
- American Occupational Therapy Association National Conference April 2015, April 2016, April 2018 Poster Presenter, April 2017 Short Course Presenter, April 2018 Poster Presenter, April 2019 Presenter, Panel Presenter, Poster Presenter
- American Physical Therapy Association Combined Sections Meeting February 2015-Panel Participant
- Joint Academic Leadership Councils & Academic Fieldwork Coordinators Meeting October 2014-Attendee

Skills/Interests:

- Special Needs Ministry Volunteer Traders Point Christian Church January 2015-June 2018
- Three time Boston Marathon participant 2002, 2003, 2004
- Safe Families for Children-Volunteer foster family for at risk children and their families 2010-Present
- Rehabilitation Outreach to Haiti-Healing Hands for Haiti-Providing orthopedic intervention, staff training and education for opening of new clinic 2010