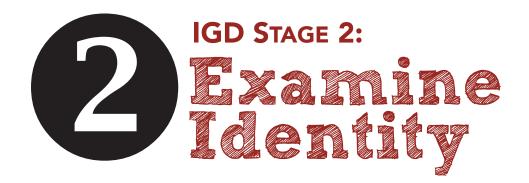
BECOMING INCLUSIVE



REFLECT

MINDFULNESS

thought, and be present.

EXPERIENCES

Be mindful of choice, action, and What experiences do I carry that still hurt and impact my awareness today?

BELIEFS

Examine passed-on feelings, views of others, and perceptions of conflict, fear, and change.

SHARE

How will I talk about my experiences with others? Am I willing to listen to their experiences?

LEARN

What happened? What can we learn? How does sharing help us understand and appreciate similarities and differences?

APPLY

PREPARATION

How does sharing and learning from one another prepare us for deeper conversations?

COMMONNESS

Replace anxiety with time and space for re-learning. Explore values that may be common to us all.

VIEW

Experiences are perceptions. Redefine and redress equality for all.

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