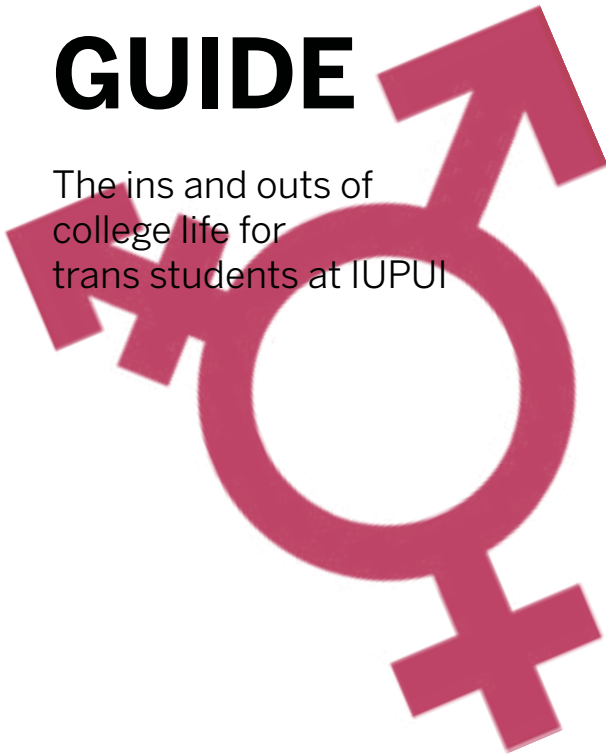


# TRANS SURVIVAL GUIDE

The ins and outs of college life for trans students at IUPUI



## WELCOME TO IUPUI!

Being a student can be stressful, but when you add navigating gendered restrooms, negotiating roommate situations, and dealing with name changes, life can become pretty overwhelming.

We answer these questions and more, including some helpful hacks for transgender and nonbinary students.

## CAMPUS RESOURCES

### IUPUI LGBTQ+ Center

Educational resource and community space for LGBTQ+ folks and allies

### LGBTQ+ Student Alliance

Undergraduate student organization dedicated to the IUPUI LGBTQ+ community. Hosts events and support.  
[facebook.com/lgbtqstudentalliance](https://facebook.com/lgbtqstudentalliance)  
[lgbtq@iupui.edu](mailto:lgbtq@iupui.edu)

### Counseling and Psychological Services

CAPS provides counseling and therapy for students at IUPUI. Fees are kept low to maintain accessibility, with reduced fees available.

## COMMUNITY RESOURCES



Taylor Hall, UC 101A  
(317) 278-8333  
[lgbtcntr@iupui.edu](mailto:lgbtcntr@iupui.edu)  
[lgbtqcenter.iupui.edu](http://lgbtqcenter.iupui.edu)

# FAQ

## Can I change my name with the school?

IUPUI has two name fields: **primary/legal name** and **preferred name**. Your preferred first name is used in Canvas, class and grade rosters. To change your preferred name, check out our guide on our Resources page at [tinyurl.com/yayz3ngk](https://tinyurl.com/yayz3ngk).

If you have changed your primary/legal name, you must update it through the Registrar. You must submit the Request for Change of Name form and a copy of your updated I.D. or other legal documentation.

## Can I change my gender marker?

Submit a signed statement indicating your gender in person to the Registrar or via email to [iupuireg@iupui.edu](mailto:iupuireg@iupui.edu). Be sure to include your university I.D. number.

The Department of Education recognizes only the gender designations of male and female, so your record must designate one of these two options.

## How can I change my legal name in Indiana?

In Indiana, everyone must meet certain requirements to change their legal name. A link to the Verified Petition for Name Change for an Adult can be found on our Resources page.

## What should I expect in the classroom?

You should expect to be treated with the same respect as any other student. Indiana University's non-discrimination policy prohibits discrimination on the basis of age, color, disability, ethnicity, sex, gender identity, gender expression, genetic information, marital status, national origin, race, religion, sexual orientation or veteran status.

Even with the best policies in place, discrimination still happens. If you feel that you have been discriminated against by faculty or staff, or experience any other problems, you can get advice and guidance from LGBTQ+ Center staff.

## Where can I find out about starting or continuing hormone therapy?

IUPUI does not provide student insurance. Campus Health does not provide hormones to students, but there are other options. Eskenazi Health has a Transgender Health and Wellness Program. Services include primary care, hormone therapy, gender affirming surgery, counseling and medication management for mental health needs, and legal assistance. See our Resources page for more.

## Where can I get psychological services and counselling?

Counseling and Psychological Services (CAPS) offers on-campus services. They provide testing, medication management, group counseling (free), and individual counseling. Students get six (6) free sessions of individual counseling – afterwards, sessions cost \$10 per session. Reduced fees are available.

There are a number of resources to find trans-inclusive counselors and support groups outside of IUPUI:

- OutCare
- Indiana Youth Group (IYG)
- Indiana Transgender Network
- GenderNexus
- TransIndy

## Are there gender-neutral restrooms or locker rooms on campus?

There are all-gender restrooms in most buildings, with more being added. Find them on the campus map at [map.iupui.edu](https://map.iupui.edu). Each building has a list of amenities, with all-gender restrooms listed toward the bottom. You can also download a PDF list of restrooms from our Resources page on our website at [tinyurl.com/yayz3ngk](https://tinyurl.com/yayz3ngk)

## I'm afraid of being outed in class. How should I let my professor know about my identity?

It's best to contact your professor before classes start. Here is a sample email:

Professor \_\_\_\_\_,  
I am a student in your (*insert class name here*). I am contacting you to let you know that I identify as (*insert identity here*). My name will probably show up on your roster as (*insert legal name here*), but I would prefer to go by (*insert preferred name here*) and (*masculine/feminine/neutral*) pronouns. I will be putting (*insert preferred name here*) on my assignments and would appreciate it if you called me that in class.  
Thank you very much for your understanding.  
(*Sign with preferred name*)

It may also be helpful to provide your professor with a resource on queer and transgender basics, such as our guide, "Supporting Transgender Students," available in the LGBTQ+ Center.

## Is there a transgender/gender diverse policy in the residence halls?

On-campus housing has a Gender Inclusive Living option, which selects roommates without regard to biological sex. Residents must opt in. Contact Housing at [reslife@iupui.edu](mailto:reslife@iupui.edu) for more information.

Another option is Qmmunity, a gender-inclusive Residential Based Learning Community and a safer space for our LGBTQ+ students located in North Hall. If you wish to live in Qmmunity, select Qmmunity as your RBLC when applying to on-campus housing.

## Are there any queer or trans affirming churches or spiritual organizations I can join?

A list of inclusive churches and spiritual organizations in the Indianapolis area can be found on our site. Click on Resources > Community Resources > Spiritual Resources.